

## Outreach Worker for Older Carers of People with Learning Disabilities

### The Government White Paper Valuing People Says Carers need:

- ▶ More & better information
- ▶ Better assessment of their own needs
- ▶ Improved access to support services such as day services and short break services (respite care) particularly for those with more severe disabilities
- ▶ To be treated as valued partners by local agencies
- ▶ To be a voice that is heard!

As from 4th January 2005 Jacqui Sutton was appointed as the Outreach Worker primarily for Older Carers of People with Learning Disabilities within West Lancashire.

If you would like more information please contact Jacqui

**Tel: 01695 73 77 77**

**Tuesday, Wednesday & Thursday**



Jacqui Sutton—Outreach Worker for Older Carers

One of the objectives of 'The White Paper Valuing People' is: 'To increase the help and support Carers receive from all local agencies in order to fulfil their family and caring roles effectively

**The Princess Royal Trust  
West Lancashire Carers Centre  
is dedicated to providing information & support  
to ALL unpaid Carers in West Lancs  
CALL US NOW!**



## Support for Older Carers of People with Learning Disabilities

For information  
For support  
For you!

Telephone:

**01695 73 77 77**

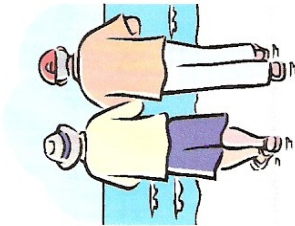


## Support for Older Carers of People with Learning Disabilities

Caring for a family member with a Learning Disability is a lifelong commitment, which continues even when the person is living away from home.

Most Carers would still not recognize themselves as a 'Carer' just someone trying to cope as best they can while helping to look after a husband, wife, child or friend.

Let us help you by offering independent advice & support to you and your family.



*Carers make a vital contribution to the lives of people with learning disabilities.*



I would like to be part of the PRT West Lancs Carers Centre Mailing List to receive news and information

I am a:

- Older Carer of a Person with a Learning Disability
- Professional

Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

Postcode \_\_\_\_\_

Telephone \_\_\_\_\_

GP Name \_\_\_\_\_

Ethnic Origin

- White
- Asian/Asian British
- Black/Black British
- Chinese/Other
- Mixed

Details of the Person you care for \_\_\_\_\_

Age \_\_\_\_\_

- Please **✓** if you **do not** want to share this information with statutory organizations **for statistical purposes only**

Signature \_\_\_\_\_

**Please return to:**

The PRT West Lancashire Carers Centre  
 Outreach Worker for Older Carers of People with a Learning Disability  
 Freepost WN5345  
 Skelmersdale  
 Lancashire



- How can we help?**  
 If you are an Older Carer we may be able to help you by:
- ▶ Providing a range of information about groups and services in West Lancs that help older people enjoy a healthy & independent lifestyle
  - ▶ Providing emotional support—someone to talk to who understands
  - ▶ Organising activities, training and fun days
  - ▶ Letting your voice be heard!



*'A problem shared is a problem halved'*

**We can also:**

- ▶ Help with forms and letter writing
- ▶ Help you understand your rights as a Carer
- ▶ Help you plan for the future
- ▶ Help you access services
- ▶ Support you at meetings and reviews
- ▶ Practical help

